



THE PARLOUR LUNCH

Clean Fare. Wild Spirits. Always Gluten-Free



SHARED

Charcuterie 24 (D)(N)

Curated Selection of Cured Meats & Cheeses

Oysters Twain 24 (S)

Raw with Miso Edamame Sauce, Asian Pear,
Pickled Shallot, Tarragon

The Parlour Flatbread 16 (D)

White Asparagus Puree', Asparagus, Mushrooms,
Goat Cheese, Pomegranate Seeds, Scallion Aioli

Hummus Plate 15 (V)

Trio of Lemon, Edamame Hummus,
Caper Tapenade, Vegetable Crudite'

Berbere Cauliflower 15 (V)

Hummus, Pomegranate, Toun

Wild Moon Lavender Ricotta Toast 16 (D)(N)(A)

Pistachio, Roasted Beets, Pickled Shallots, Honey

Seasonal Ricotta Toast 18 (D)(N)

Asparagus, Roasted Mushrooms, Pomegranate,
Spiced Marcona Almonds, Hot Honey

SALADS

The Caesar 16 (D)

Romaine, Grana Padano, Parmesan Crisps,
Caesar Dressing

Spinach Strawberry Burrata 18 (D)(N)

Cucumber, Pine Nuts, Pickled Rhubarb, Red Onion,
Strawberry Yogurt Vinaigrette

Asian Pear 15 (V)(N)

Pistachio, Asian Pear & Ginger Vinaigrette

Add Protein:

Goat Cheese 3, Hummus 6, Prosciutto 8,
Chicken 12, Shrimp 13, Salmon 20, Lamb 20, Steak 20

SANDWICHES

SERVED WITH SIDE SALAD

Smoked Salmon Sandwich 24

Pear, Sweet Onion, Greens,
Lemon Caper Vegan Mayo

Grilled Chicken Sandwich 20 (D)(N)

Burrata, Pickled Shallot, Arugula, Pesto,
Tomato, Green Goddess, Balsamic Reduction

Crab Melt 22 (D)

Cheddar Cheese, Red Onion, Pickles, Greens,
Lemon Dill Vegan Mayo

Corned Beef Reuben 22 (D)

Swiss, Coleslaw, Thousand Island Dressing

Grilled Cheese 18 (D)

Cheddar, Goat Cheese, Pear, Mushrooms,
Raspberry Gastrique

TACOS

(3 EACH)

Chorizo Spiced Mushroom 18 (D)

Black Bean Puree', Arugula, Banana Peppers,
Goat Cheese, Chipotle Aioli

Chipotle Braised Chicken 18

Arugula, Pickled Shallot, Bean Puree', Chipotle Aioli

Grilled Shrimp 19 (S)

Jalapeno Gastrique, Slaw, Pickled Shallot, Chipotle Aioli

Braised Beef 18

Romaine, Pico de Gallo, Scallion Aioli

SIDES

Grilled Asparagus 6 ~ Roasted Mushrooms 8
Berbere Cauliflower 8 ~ Potatoes Romesco 8

(V) VEGAN **(N)** NUTS **(S)** SHELLFISH **(D)** DAIRY **(A)** ALCOHOL

100% Gluten Free Menu. Consuming Raw Or Undercooked Meats May Increase Your Risk of Foodborne Illness,
Especially If you have Certain Medical Conditions. Please Notify Your Server Of Any Allergies

