


THE PARLOUR

A Fully Gluten-Free Menu

BREAD & BITES

House-Made Bread 8 
Seasonal Butters Featuring Wild Moon


Sunflower & Mushroom Pate 17 
Rice Crackers, Miso Washed Vegetables


Wild Moon Lavender Ricotta 18 
Pistachio, Roasted Beets, Pickled Shallots,
3 Sisters Honey, Toast


Charcuterie 20 
Local Cured Meats & Cheeses

RAW

Pear Carpaccio 16 
Pickled Mustard Seed, Walnut, Wood Sorrel,
Wild Moon Birch Reduction

Scallop Crudo* 24 
Citrus Dashi, White Balsamic,
Spring Onion, Crispy Shallot


Stone Fruit & Citrus Salad 18 
Beets, Fennel, Pistachio, Pear Ginger Vinaigrette



Ruby Romaine Caesar 17 
Cracked Parmesan, Pickled Radish,
Chives, Catchalot Cheese

Shredded Savoy Cabbage 15 
Cucumber, Crispy Chickpeas,
Green Goddess Dressing

SHARED

Potatoes Romesco 15 
Charred Spring Onion Chimichurri

Berbere Cauliflower 18 
Butter Bean Hummus, Pomegranate, Tourn

Oysters Wadsworth 24 
Scallion Butter, 'The Gray' Mystic Cheese,
Bread Crumbs

Crab Cake Latkes 25 
Persillade, Crème Fraiche


Coconut Green Curry Mussels 21 
Lemongrass Kaffir Lime Broth, Toast

ENTREES

Pan Roasted Chicken 34 
Peach Gravy, Confit Garlic Mash,
Heirloom Carrots

Chickpea Miso Braised Cabbage 26 
Roasted Seacoast Mushrooms

Wild Caught Monk Fish 36 
Asparagus, Fiddle Head Ferns, Pommes Purée,
Saffron Capers Cream

Shoreline Stew 35 
Mussels, Scallops, Shrimp, Wild Moon Birch
Tomato Fennel Broth

Hartford Flavor is Pleased to Partner with Local Purveyors

*Sub Edge Farm, Cato Corner Farm, Three Sisters Farms, Mystic Cheese Company,
SeaCoast Mushrooms, Oui Charcuterie*



VEGAN



DAIRY



SHELLFISH



NUTS

*Consuming Raw Or Undercooked Meats May Increase Your Risk of Foodborne Illness, Especially If You Have Certain Medical Conditions.
Please Notify Your Server Of Any Allergies.



Welcome to Hartford Flavor
Cocktail Parlour, an urban retreat
featuring creative libations,
a curated farm-to-table menu,
and cozy game lounge.

Phones are discouraged.

Enjoy the moment!